



Glens Falls 9-12 Menu: February 2017

Lunch Price is \$2.00, Breakfast Price is \$1.30

30	31	1	2	3
Creamy Mac & Cheese Green Beans Fruit and Vegetable Bar	Pasta Bar: Barilla Penne Pasta Choice of Marinara, Meat Sauce, Pesto Sauce or Alfredo Sauce Steamed Broccoli Fruit and Vegetable Bar	French Toast Sticks w/ Syrup Sausage Patty Hash Brown Potatoes Fruit and Vegetable Bar	Vietnamese Bahn-Mi Sandwich Toasted Hoagie Roll Filled w/ Slow cooked Pork & Vietnamese Pickled Slaw Vegetable Slaw Fruit and Vegetable Bar	Assorted Homemade Pizzas Pepperoni Cheese or Bianca Philly Cheese Steak Sandwich w/ Tater Tots Fresh Green Salad Fruit and Vegetable Bar
6	7	8	9	10
BBQ Pulled Pork Sandwich Veggie Slaw Steamed Corn Fruit and Vegetable Bar	Mexican Burger Bar w/Toppings: 3 Bean Chili, Shredded Lettuce, Diced Tomatoes, Salsa, Jalapeno Peppers, Shred. Cheese, Salsa... NEW! Refried Beans Mexican Rice Fruit and Vegetable Bar	Popcorn Chicken Bowl Popcorn Chicken with Mashed Potatoes, Corn, and Gravy Whole Grain Roll Fruit and Vegetable Bar	Hard or Soft Shell Tacos w/ taco meat and cheese Black Bean & Corn Salsa, Shredded Lettuce, Tomato Refried Beans, Rice, & Salsa Fruit and Vegetable Bar	Assorted Homemade Pizzas Pepperoni Cheese or Bianca NEW! Broccoli & Cheddar Quiche or Bacon & Cheddar Quiche Steamed Carrots Fruit and Vegetable Bar
13	14	15	16	17
Homemade Beef Chili or Homemade Vegetarian Chili Steamed Brown Rice Steamed Carrots Honey Glazed Corn Bread Fruit and Vegetable Bar	Philly Cheese Steak w/ Peppers & Onions Crispy Baked Sweet Potato Fries Fruit and Vegetable Bar	French Toast Sticks w/ Syrup Sausage Patty Hash Brown Potatoes Fruit and Vegetable Bar	Pork Carnitas Burrito: Slow Cooked Pork with Black Beans, Rice & Cheese NEW! Spicy Black Bean Soup Fruit and Vegetable Bar	Assorted Homemade Pizzas Pepperoni Cheese or Bianca NEW! Turkey "Shepherd's Pie" Turkey, Veggies & Gravy Baked with Garlic Mashed Potatoes Fruit and Vegetable Bar
20	21	22	23	24

No School-Mid Winter Recess

27	28			
NEW! Italian Burger Bar w/ Toppings: Italian Meat Sauce, Sausage with Peppers & Onions in Red Sauce, Marinara Sauce, Mozzarella... Pizza Pasta Salad Fruit and Vegetable Bar	Philly Cheese Steak w/ Peppers & Onions Crispy Tater Tots Fruit and Vegetable Bar	Fruit and Vegetable Bar (offered daily) contains: Fresh Carrots, tomatoes, Broccoli, Baby Spinach, Romaine and Spring Mix, Canned Fruit, Fresh Apples, Oranges and or Bananas		
Choice of Milk Daily: 1 %, Fat Free or Fat Free Chocolate	Monday	Tuesday	Wednesday	Thursday
Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun
Assorted Cold Cut Sub	Assorted Cold Cut Sub	Assorted Cold Cut Sub	Assorted Cold Cut Sub	Assorted Cold Cut Sub
Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich
Deli Chef Salad	Deli Chef Salad	Deli Chef Salad	Deli Chef Salad	Deli Chef Salad