



Glens Falls K-4 Menu for February 2017

Lunch Price is \$2.00, Breakfast Price is \$1.30

30	31	1	2	3
Creamy Mac & Cheese Green Beans Fruit and Vegetable Bar	Cheese Ravioli with Meatballs & Marinara Sauce Garlic Parmesan Rolls Steamed Broccoli Fruit and Vegetable Bar	French Toast Sticks w/ Syrup Sausage Patty Hash Brown Potatoes Fruit and Vegetable Bar	Toasted Cheese Sandwich Tomato Soup Steamed Carrots Fruit and Vegetable Bar	Assorted Homemade Pizza Pepperoni, Cheese or Bianca Fresh Green Salad Fruit and Vegetable Bar
6	7	8	9	10
BBQ Pulled Pork Sandwich Veggie Slaw Steamed Corn Fruit and Vegetable Bar	Hamburger or Cheeseburger with Bacon Baked Beans Steamed Carrots Fruit and Vegetable Bar	<u>Popcorn Chicken Bowl</u> Popcorn Chicken with Mashed Potatoes, Corn, and Gravy Whole Grain Roll Fruit and Vegetable Bar	Hard or Soft Shell Tacos w/ taco meat and cheese Black Bean & Corn Salsa, Shredded Lettuce, Tomato Refried Beans, Rice, & Salsa Fruit and Vegetable Bar	Assorted Homemade Pizza Pepperoni, Cheese or Bianca Fresh Green Salad Fruit and Vegetable Bar
13	14	15	16	17
Homemade Beef Chili or Homemade Vegetarian Chili Steamed Brown Rice Steamed Carrots Honey Glazed Corn Bread Fruit and Vegetable Bar	Cheese Stuffed Shells Topped with Marinara & Mozzarella Steamed Broccoli Fruit and Vegetable Bar	French Toast Sticks w/ Syrup Sausage Patty Hash Brown Potatoes Fruit and Vegetable Bar	Chicken Fajitas with Peppers & Onions Salsa & Cheese Spanish Rice Fruit and Vegetable Bar	Assorted Homemade Pizza Pepperoni, Cheese or Bianca Fresh Green Salad Fruit and Vegetable Bar
20	21	22	23	24

No School-Mid Winter Recess

27	28			
Hot Dog or Chili Dog Pasta Salad Steamed Green Beans Fruit and Vegetable Bar	Ham & Cheese Bagel Melt Steamed Carrots Fruit and Vegetable Bar	<p>Fruit and Vegetable Bar (offered daily) contains: Fresh Carrots, tomatoes, Broccoli, Baby Spinach, Romaine and Spring Mix, Canned Fruit, Fresh Apples, Oranges and or Bananas</p> <p>Choice of Milk Daily: 1 %, Fat Free or Fat Free Chocolate</p>		
Monday	Tuesday	Wednesday	Thursday	Friday
Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun	Hamburger or Hot Dog on a Bun
Assorted Cold Cut Sub	Assorted Cold Cut Sub	Assorted Cold Cut Sub	Assorted Cold Cut Sub	Assorted Cold Cut Sub
Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich	Peanut butter and Jelly Sandwich
Deli Chef Salad	Deli Chef Salad	Deli Chef Salad	Deli Chef Salad	Deli Chef Salad