



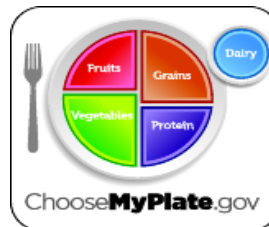
# Elementary Breakfast \$1.30

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Choose 3 or 4 No duplicates</b>	<b>Choose 3 or 4 No duplicates</b>	<b>Choose 3 or 4 No duplicates</b>	<b>Choose 3 or 4 No duplicates</b>	<b>Choose 3 or 4 No duplicates</b>
100% Fruit Juice Assorted Fresh Fruit or Chilled Fruit  Yogurt  Cold Cereal  1 sl Whole Grain Toast 2 sl Whole Grain Toast (count as 2)  Milk	100% Fruit Juice Assorted Fresh Fruit or Chilled Fruit  Muffin  Cold Cereal  1 sl Whole Grain Toast 2 sl Whole Grain Toast (count as 2)  Yogurt  Milk	100% Fruit Juice Assorted Fresh Fruit or Chilled Fruit Bagel w/ cream cheese (counts as 2)  Cold Cereal  1 sl Whole Grain Toast 2 sl Whole Grain Toast (count as 2)  Milk	100% Fruit Juice Assorted Fresh Fruit or Chilled Fruit 2 sl French Toast or 2 Pancake  Cold Cereal  1 sl Whole Grain Toast 2 sl Whole Grain Toast (count as 2)  Milk	100% Fruit Juice Assorted Fresh Fruit or Chilled Fruit Breakfast Sandwich (counts as 2)  Cold Cereal  1 sl Whole Grain Toast 2 sl Whole Grain Toast (count as 2) English Muffin (count as 2)  Milk

A fruit or vegetable must be taken with breakfast according to the Hunger-free Healthy Kids Act of 2010

Go to MyPlate.gov for online personal wellness resources for you and your family.

Questions or comments? Please Call Larry Young, Food Service Director @ 798-1910



The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin.

Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250

**Choice of Milk Daily: 1%,  
Fat Free or Fat Free  
Chocolate**