

Welcome to our Lunch Cafe @

Glens Falls Elementary

December 2017

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic local and sustainable agriculture.



1
Parent Conference Day
No Lunch

- VEGETARIAN
- MADE WITH ORGANIC INGREDIENTS
- MADE WITH ALL NATURAL INGREDIENTS
- P PORK
- V VEGAN

4
Chicken Nuggets
Oven Baked Fries
Celery
Diced Pears
Fresh Orange

5
Parent Conference Day
No Lunch

6
French Toast
Syrup
Hash Browns
Sausage Patty
Carroteenies
Cinnamon Applesauce
Fresh Banana

7
Pepperoni Pizza
Cheese Pizza
Garden Salad
Green Pepper Slices
Fresh Red Delicious Apple
Diced Peaches

8
Parent Conference Day
No Lunch

11
Pizza Bites
Caesar Salad
Celery
Diced Pears
Fresh Orange

12
Crispy Chicken Sandwich
Oven Baked Fries
Celery
Pineapple Tidbits
Fresh Red Delicious Apple

13
Chicken Bowl with Gravy
*popcorn chicken layered with
mashed potatoes and corn,
smothered in gravy*
Carroteenies
Cinnamon Applesauce
Fresh Pear

14
Crispy Tacos
Or
Soft Taco
Brown Rice
Iceberg Lettuce
Sauteed Corn & Black
Bean Salsa
Corn
Diced Pears
Fresh Red Delicious Apple

15
Pepperoni Pizza
Cheese Pizza
Garden Salad
Green Pepper Slices
Fresh Red Delicious Apple
Diced Peaches

18
Cheese Quesadilla
Chicken Quesadilla
Carroteenies
Fresh Orange
Organic Sliced
Strawberries

19
Roasted Turkey with
Gravy
Corn Bread Stuffing
Side of Carrots
Cinnamon Applesauce
Fresh Orange

20
French Toast
Syrup
Hash Browns
Sausage Patty
Carroteenies
Cinnamon Applesauce
Fresh Banana

21
Crispy Tacos
Or
Soft Taco
Brown Rice
Iceberg Lettuce
Sauteed Corn & Black
Bean Salsa
Corn
Diced Pears
Fresh Red Delicious Apple

22
Pepperoni Pizza
Cheese Pizza
Garden Salad
Green Pepper Slices
Fresh Red Delicious Apple
Diced Peaches



26
27
28
29
Holiday Recess- No School

SIMPLY ROOTED™ in food and family

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



Lunch Prices

Regular: \$2.20

Reduced: \$.25

If you have any questions or would like additional information regarding this menu please contact your food service director Larry Young at 518-798-1910 or youngl@whitsons.com

Available Daily

A side salad, with dark leafy greens and seasonal fresh vegetables

Assorted Deli Sandwiches with or without cheese and peanut butter and jelly sandwiches, all on whole grain breads/rolls or Grate and Go deli chef salad

Hamburger or hot dog on a whole grain bun

Yogurt parfaits made with all natural yogurt, granola and fruit

A fruit and vegetable bar with fresh and chilled fruits, carrots, celery sticks, red pepper strips and green pepper strips

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.