

NOVEMBER 2024

Choose of the pop tar

You can always Pick 2 for Breakfast in the Cafe

Choose breakfast entrée or Pick TWO* of the following: cereal, string cheese, pop tart or yogurt.

*No duplicates on yogurt BIC Schools Have Daily Cereal Option Grab & Go breakfast available for late arrivals

Choice of Skim milk, nonfat chocolate or Lactaid milk at every meal.



Fresh Fruits & Vegetables O	ffered at every meal	egetarian entrees are writter	n in green All salad:	s can be made vegetarian
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Offered Daily Frudels & Muffins Variety cereal & pop tarts				French toast sticks 1 Bacon
Chicken Nuggets Pb & J or Bagel Meals Salads & Parfaits Meat, Cheese & Cracker box Dinner Roll				Cheese/Pepperoni Pizza Garlic Bread Stick Garden Side Salad Diced pears
Honey Bun Cheese Stick	No School	Breakfast Pizza 6 Tater tots	French Toast 7 Chicken Sausage	Chicken and Biscuit Melt Hashbrown patty
Corn Dog Tater Tots Steamed Carrots Applesauce Cups	Superintendent's Day	Soft Pretzel Cheese Sauce Yogurt cup & string cheese Sliced Cucumbers Diced Peaches	Grilled Cheese Sandwich Tomato Soup Red Pepper Strips Diced Pineapple	Cheese/Pepperoni Pizza Garlic Bread Caesar Side Salad Strawberry cups
11	Ham, egg & cheese bagel melt 12 Hashbrown Patty	Pancakes 13 Chicken sausage	Breakfast Burrito 14 Tater Tots	Waffles 15 Chicken Sausage
No School Veteran's Day	Meatball Sub Buttered Peas Fresh Broccoli with Ranch Applesauce cup	Macaroni & Cheese Cornbread Green beans Blueberries	Half Day Grab and Go lunches Available	Cheese/Pepperoni Pizza Garlic Bread Spinach Side Salad Diced pears
Pancake Wrapped 18 Sausage Dog	Glazed Donut 19 Yogurt Cup	Breakfast Pizza 20 Tater tots	Cheese Omelet 21 Hashbrown patty	Oatmeal Bowl 22 Bacon
Half Day Grab and Go lunches Available	Sliced Turkey & Gravy Mashed potatoes Butternut squash Mellon Cups	Bosco Sticks Marinara Dipping sauce Steamed Carrots Diced Peaches	Half Day Grab and Go lunches Available	Cheese/Pepperoni Pizza Garlic Bread Garden Side Salad Diced pears
Honey Bun Cheese Stick	Waffles 26 Chicken Sausage	27 No School	No School 28 Thanksgiving	No School
Chicken Patty Sandwich Lettuce & sliced tomato French Fries Applesauce Cup	Pizza Crunchers Garden Side Salad Fresh Cauliflower with Ranch Diced peaches	Нарру		Break!