

DECEMBER 2024

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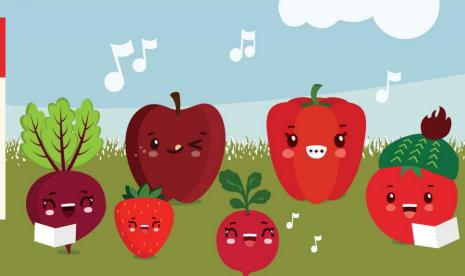
You can always Pick 2 for Breakfast in the Cafe 2

Choose breakfast entrée or Pick TWO* of the following: cereal, string cheese, pop tart or yogurt.

*No duplicates on yogurt BIC Schools Have Daily Cereal Option Grab & Go breakfast available for late arrivals

Choice of Skim milk, nonfat chocolate or Lactaid milk at every meal.

Fresh Fruits & Vegetables Offered at every meal



All salads can be made vegetarian

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|--|
| Offered Daily at breakfast Frudels & Muffins Variety cereal & pop tarts Fresh apples, oranges and bananas 100% Juice | Offered Daily at lunch Chicken Nuggets Pb & J or Bagel Meals Salads & Parfaits with Granola Meat, Cheese & Cracker box Dinner Roll | In case you didn't know We are a free district! Every student is entitled to one free breakfast and one free lunch everyday! | < | Now Hiring!! Food Service is Hiring! Work While Kids are in School Great Benefits Apply online @ www.aramark.com |
| Whole grain Glazed Donut Yogurt Cup Cheeseburger Baked beans Diced peaches | Brown Sugar cinnamon breakfast round Whole grain French toast sticks Hashbrown patty Chicken sausage Diced Pineapple | Whole grain breakfast pizza* 4 Tater tots Soft pretzel Cheese sauce Yogurt cup Green beans Applesauce cup | Breakfast burrito Hashbrown patty Whole grain pasta & meatballs Red pepper strips Baked butternut squash | Chicken & whole grain biscuit melt Cheese/Pepperoni Pizza Garden Side Salad Diced pears |
| Whole grain pancake wrapped Turkey sausage Chicken patty sandwich Lettuce & sliced tomato Sweet potato fry Applesauce cup | Ham*,egg &cheese 10 On a whole grain bagel Chicken Corn Dog Baked Beans Steamed carrots Diced Pineapple | Whole grain pancakes Chicken sausage Grilled cheese Sandwich Tomato soup Green pepper strips Diced peaches | Cheese omelet Hashbrown patty Popcorn Chicken bowl Mashed potatoes Corn Diced pears | Whole grain French toast Bacon* Cheese/Pepperoni Pizza Caesar Side Salad Roasted zucchini Diced pineapple |
| Whole grain honey bun Cheese stick Whole grain Bosco Sticks Marinara Dipping sauce Steamed carrots Diced peaches | Whole grain French toast sticks 17 Bacon* Taco Tuesday Salsa & sour cream Black beans Diced pineapple | Whole grain breakfast* pizza 18 Tater tots Whole grain Pizza crunchers Garden side salad Fresh cauliflower with ranch Warm apples & cinnamon | Oatmeal bowl 19 Chicken sausage Whole grain Macaroni & cheese Cornbread Green peas Diced pears | Chicken sausage, egg,& 20 Cheese On English muffin Cheese/Pepperoni Pizza Spinach Side Salad Applesauce cups |
| 23 Happy Holidays!! | 24 Have A | 25 Great New Year! | 26 See you in | 27 2025 |